

Kick Start Program



Do you need a helping hand
to **KICK START** a
healthier lifestyle?

Look no further!

1-on-1 Personal training
Diet & Exercise Coaching
100% Trainer Support

**ALL IN ONE
Weight Loss & Exercise
Program**

**6 WEEKS OF
INTENSE
TRAINING &
COACHING**

*Conditions Apply
so please see our friendly staff for
more details



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Free 7 Day Trial at www.bayfit.com.au