

Gym Rules

1. No Towel - No Workout
2. Always wipe down equipment after use
3. Appropriate footwear to be worn at all times
(e.g. NO thongs, slippers, work-shoes, bare feet etc.)
4. Patrons must wear appropriate clothing at all times
5. DO NOT DROP WEIGHTS!
6. Always put your weights away after use
7. Persons under 18 years of age, must have a completed Parent Consent Form
8. Persons under 16 years of age is NOT permitted in the gym area unless they are working with a Personal Trainer
(e.g. 1 on 1 personal training)
9. Patrons must follow BayFit Leisure Centres dress code at all times (dress code can be found on www.bayfit.com.au)
10. All Patrons are required to show courtesy to all staff members and fellow patrons

These rules are set for your safety as well as the safety of others. If these rules are broken then BayFit will have no choice but to issue a written warning and/or possible suspension. In more serious cases, possible termination of membership or refusal of entry may occur.

Any questions please contact one of our BayFit staff members.

